

PRESS RELEASE

26 AUGUST 2019 SHADOW FIRE PROMOTIONS, INC. ™ "YOUR CHICAGO SOURCE FOR WRESTLING" ™

FOR IMMEDIATE RELEASE

Shadow Fire Promotions, Inc. "Your Chicago Source for Wrestling"

Following our distribution deal with Hollywood, the first Original GLOW Girl, we are proud to have signed another Gorgeous Ladies of Wrestling (GLOW) wrestler.

Shadow Fire Promotions, Inc. is extremely proud and excited to announce we have signed a distribution deal with a major wrestling superstar: Lightning.

Lightning first began wrestling as part of the Gorgeous Ladies of Wrestling, wrestling season 3 & 4 and the Pay-Per-View following the final fourth season (GLOW was not a traditional touring wrestling promotion; it was a television show that featured wrestling (among other things), running "seasons" like a traditional television show). Although small in stature (she's 5'1"), Lightning, previously a bodybuilder, possessing a toned, muscular physique second only to her colleague, Olympia.

Originally trained for GLOW by Colonel Ninotchka & Debbie Debutante, she later continued her training with original GLOW trainer, Mando Guererro, then by "Judo" Gene LeBell (who helped train WWE Superstar and former Ultimate Fighting Championship and World Wrestling Entertainment Women's Champion, Ronda Rousey) and also by former Ladies Professional Wrestling Association (LPWA) Champion Susan Sexton and School of Hard Knocks' Jesse Hernandez.

After GLOW was cancelled, Lightning found herself bit by the wrestling bug, competing in another all-female wrestling company, the LPWA. She also competed in other independent wrestling companies across the U.S. and Japan. She's won titles in the American Independent Wrestling Alliance (the Independent World Women's Championship, twice), and Pacific Coast Championship Wrestling's Women's Championship.

Alongside the other GLOW Girls, she received the Women's Wrestling Award by the Cauliflower Alley Club (a fraternal non-profit that assists full-time professional wrestlers who have fallen on difficult financial times) in 2017.

Today, Lightning is a stuntwoman and stunt coordinator for movies and television, having earned her SAG/AFTRA (Screen Actors Guild, the actor's union) card in 1991, while still



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wrestling and training the next generation of women wrestlers. check out her stunt reel here: <u>https://vimeo.com/240123310</u>

She can be found on Twitter @GLOWLightning, Facebook at cheryllightningrusa.glow, and Instagram @glowlightning.

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