



shadow fire promotions, Inc.

Your Chicago Source For Wrestling

**c/o Shadow Fire Promotions
P.O. Box 2746
Chicago, IL 60690**

PRESS RELEASE

15 FEB 2008

SHADOW FIRE PROMOTIONS, INC.™ "YOUR CHICAGO SOURCE FOR WRESTLING"™

Shadow Fire Promotions is pleased to announce the signing of our newest client, Xtreme Limit Wrestling out of Indianapolis, Indiana. XLW, owned and operated by television and music veteran Keith Miller, wants to bring "xtreme" athleticism back to the Indianapolis area.

Growing up in Syracuse, New York, stomping grounds of the WWF, Keith was obviously influenced by them; but as a promoter, he favours a different of wrestling. Now a resident of Indianapolis, Keith is using his television experience to bring his vision of wrestling to Indiana fans.

Keith's experience in wrestling is as diverse as his television experience. In 1999, he became a certified TV producer through PEGASYS TV in Ithaca, New York, although he was an on-air personality as early as two years prior, hosting the show Syndrome (r)evolution which started out as a topical discussion show, but eventually became a Tonight Show-style variety show. During this period Keith interviewed such stars as alt-county legend Johnny Dowd, comicbook writer Roger Stern and pro wrestlers Joe Rules, Julio Dinero & Johnny (Romeo Roselli) Heartbreaker.

Continuing his work in wrestling as well as television, he sought to merge his two loves, and did so by hosting and producing the show Indy Wrestling Spotlight (IWS), which featured independent wrestling matches from all over the country.

While filming IWS, Keith met "Playboy" Vinnie Ferrari and began his wrestling training. He also received training with California wrestling legend "Cowboy" Don Adams as well as Brian O & Justin Case. During this training period, he continued his production duties as TV producer & cameraman for Penn-York Wrestling & 24-7 Wrestling and also did color commentary for Penn-York Wrestling & the Mega Wrestling Alliance (MWA). The MWA was also where Keith received his first in-ring action as a referee. He also had his first and only wrestling match, as part of a tag team in the MWA.

A knee injury sidelined Keith from active competition and caused him to switch his focus back to TV, as he continued to host IWS and also appeared as a manager for the Terror Tribe in the Extreme Wrestling Federation. He's also made appearances in Wisconsin wrestling on the sidelines.

Keith wants to use Xtreme Limit Wrestling to show fans that wrestling doesn't have to include barbed wire and tables to be exciting, that "taking it to the limit, the Xtreme Limit" also doesn't mean risking your life doing daredevil manoeuvres. The Xtreme Limit of athleticism means pushing the physical limits of your body in actual wrestling matches, not gymnastics contests. Keith's goal is to revive the

intense one-on-one confrontation that is the foundation of professional wrestling, limiting contests featuring multi-wrestler combinations and matches that don't require pinfalls to win. In the words of the "Nature Boy", Ric Flair, "it was two men that fought until one man quit or one man got pinned to be the best".

Xtreme Limit Wrestling is set to debut April 19, 2008 in Indianapolis, Indiana as they present Alpha Dawn, with tournaments to crown the Heavyweight and Tag Team Championship, plus several other matches featuring some of the biggest names in professional wrestling.

This is true professional wrestling, not sports-entertainment, and Shadow Fire Promotions is proud to be affiliated with them.

XTREME LIMIT WRESTLING alpha dawn



FORMER WWF/TNA STAR
FLASH FLANAGAN

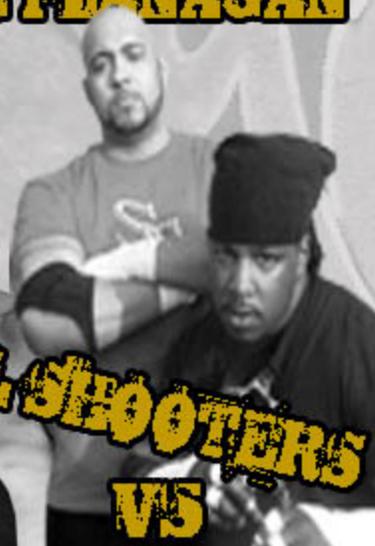
SENIOR HEAVYWEIGHT LEGEND
AMERICAN KICKBOXER



RETURNING FROM JAPAN
CLOTIS



THE SOUL SHOOTERS
VS



THE NAPTOWN DRAGONS

APRIL 19TH - GERMAN PARK TURNER BUILDING - 8600 S. MERIDIAN
INDIANAPOLIS, IN - DOORS AT 6.30PM - BELL TIME 7.30PM - \$10

XTREMELIMIT.CJB.NET - MYSpace.COM/XLWRESTLING

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